



The Empowerment Program

For you and for the Journey called **YOUR LIFE**

Here  Now  This Moment



Mr. Wizard

*The deceptive appearance of
a master who you think is you*

Everyone has an inner Wizard. Your Wizard is a master at keeping you safe. In fact, it is concerned only with survival. However, this is a limitation because it has no interest in your growth or transformation. It's not interested in change or risk. More accurately, it is interested solely in **its** survival, not yours.

The actual Reality is not comprehensible to the mind.

~ David R. Hawkins, M.D. Ph.D.

Your inner Wizard, a.k.a. your ego, talks to you via endless inner-self talk.

Mr. Wizard is not really a him; It is an **IT**... a machine... a clever machine... able to give you advice and guidance with no concern for your growth... yet it is a tool God gave every human to insure physical survival, and with a hidden gift to help return "Home."

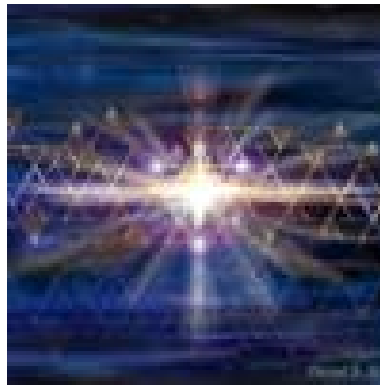
*Why give the ego more power
by resisting and opposing it?*

~ Erhart Tolle, author of The Power of Now

Oh, by the way, IT...your inner voice, your inner Wizard, your ego, thinks IT is you... and by the way... sometimes you think IT is you. It is not. It is a machine cleverly disguised... like a creative wizard of Oz.

*When you observe the ego in yourself,
you are beginning to go beyond it.
Don't take the ego too seriously.
When you detect egoist behavior in yourself, smile.
At times you may even laugh...
Above all, know that the ego isn't personal.
It isn't who you are.*

~ David R. Hawkins, M.D. Ph.D.



How **IT** Operates

*When we don't add anything to life, Life IS...
Mr. Wizard is like an ADDING machine.
What we add to LIFE is from our past.*

*Take away what we add: you are left with what is.
You are left with the peaceful alertness of the present.*

~ Richard Alan, *Empowering your Spiritual Journey*

Mr. Wizard has access to your entire past, including the decisions you made from your past traumas, repressed emotions, beliefs, interpretations, judgments, stories, and all of your assessments and opinions. It stores it all as a giant database. These programs provide the information for IT to provide “your” meaning...**IT APPEARS** to be you.



The central problem of illusion is not that it is unreal or fallacious, but that it seems real...

~ David R. Hawkins, M.D. Ph.D.

The Programs from your past belong to you. They are not you. They are like a hard drive sourcing your inner voice. That is not you speaking. It is a program that automatically plays when triggered by something that happens in the present.

***Mr. Wizard is like an ADDING machine.
It adds meaning keeping you safe and secure.
It has zero interest in your personal or spiritual growth.***

~ Richard Alan, *Empowering your Spiritual Journey*

***In listening to one's thoughts,
one realizes one is just listening to one's programming.***

*The primary defect of the mind is not only its content,
usually irrelevant or in error, but it also has
no means of telling truth from falsehood.*

One does not have to destroy the ego or work on it.

*The ego is neither good nor bad nor the enemy,
but merely an illusion to release so that
something far better can replace it.*

*...the way out is not to try to eliminate
the negative but instead to choose and adapt the positive.*

~ David R. Hawkins, M.D. Ph.D.

A positive way out: Gratitude



Gratitude is...one of the easiest and most powerful ways to transform your life. . .In fact, without gratitude, nothing can ever change. . . It is impossible to be negative when you are giving thanks.

~ Rhonda Byrne, Creator of *The Secret*

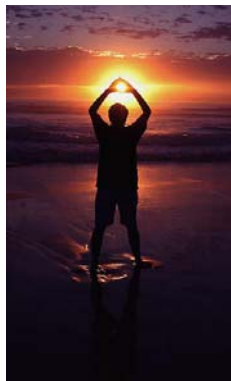
The moment you notice your inner voice, think the words, thank You for that.

When you notice Mr. Wizard, think the words **thank You for that**. When you notice you are that being influenced by Mr. Wizard, i.e., “that **IT** has you,” think the words **thank You for that**.

*Every defect contains a hidden treasure,
and all supposed defects are doorways.*

~ David R. Hawkins, M.D., PhD. *I: Reality and Subjectivity*

The good news is the moment you begin to play, you have won. Expressing gratitude is the first step to loosening the grip of the illusion.



*Gratitude is our most
direct line to God and the angels. . .*

~Terry Lynn Taylor, *Angel Wisdom*

As you continue saying **thank You for that**, as you increase your willingness to distinguish the illusion, its influence distances itself. As it loosens its grip, you are free to be present, peacefully alert.



*If the only prayer you said in your whole life was,
“thank you,” that would suffice.*

~ Meister Eckhart, Philosopher (1260- 1328)

On a Way Out:

<http://eempowerment.com/out.pdf>

Mr. Wizard 2

<http://eempowerment.com/wizard2.pdf>

The Mr. Wizard Meter

<http://eempowerment.com/meter.pdf>

Free Tuesdays:

Take a 29 minute break from the freedom from
the influence of Mr. Wizard: [more information](#)

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Forward to Share Mr. Wizard to Empower Others

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