





# *Empowering your Spiritual Journey*

## The Empowerment Program

Here  Now  this Moment

## On Willingness

The following quotes are from David R. Hawkins, M.D. Ph.D. book, *Transcending the Levels of Consciousness: The Stairway to Enlightenment*. This book has Richard's Five Star Recommendation, as does Dr. Hawkins's first book, *Power vs. Force*.

*Willingness implies that one has overcome inner resistance to life and is committed to participation.*

*Willing people have a capacity to bounce back from adversity and learn from experience, they tend to become self-correcting... Confidence and optimism replace doubt... Struggle is replaced with ease...*

*Willingness supports intention and facilitates the purification process of spiritual evolution which often requires the willingness to face inner discomfort for the sake of reaching a higher goal.*

*Surrender of positionalities is a consequence of willingness...*

Thank You for that!

Other Topics: <http://www.eempowerment.com/topics.pdf>

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