



# *Empowering your Spiritual Journey*

## The Empowerment Program

Here  Now  this Moment

### The Power of Neutrality

The following quotes are from David R. Hawkins, M.D. Ph.D. book, *Transcending the Levels of Consciousness: the Stairway to Enlightenment*. This book has *Richard's Five Star Recommendation*, as does his first book, *Power vs. Force*.

*The freedom of neutrality is a consequence of the letting go of positional ties, conditions and expectations.*

*The level of neutrality does not suffer from lack nor is it driven by desire, wantingness or the compulsion to 'do' something or to take sides in social issues; thus, it includes flexibility.*

*This may be perceived as passivity, whereas, in actuality, it is stability that neither promotes nor resists change.*

*Detachment indicates withdrawal as well as negation, leading to indifference, which in itself is a defense against the fear of attachment.*

*...non attachment means non-dependence on form.  
Non-attachment means neither attraction nor detraction*

*Without fear, if either attraction or aversion, Neutrality allows for participation and the enjoyment of life because, experientially, life becomes more like play than a high stakes involvement.*

*The inner balance then moves from neutral to the more positive side of the scale as a consequence of intention that is supported by faith and the upliftment of positive purpose.*

Other Topics: <http://www.eempowerment.com/topics.pdf>

**Permission granted to forward to anyone...**

Copyright 2007 Richard Alan All Rights Reserved. [www.eempowerment.com](http://www.eempowerment.com)  
You may make and distribute copies of this document in any media so  
long as you do not charge for it, do not alter its content, and  
include this copyright notice.