





The Empowerment Program

For you and for the Journey called **YOUR LIFE**

Here  Now  This moment

More Empowering Quotes

The following quotes are from David R. Hawkins, M.D. Ph.D. books, Richard's Five Star Recommendations : *Power vs. Force*, *The Eye of the Eye: From which Nothing is Hidden* and *Transcending the Levels of Consciousness: The Stairway to Enlightenment and I: Subjectivity and Reality*.

*...if the purpose of the human experience is to evolve,
then this world as perfect just as it is.*

*Awareness knows that is not what you do but
what you are and what you have become that counts in the long run.*

*One's inner spiritual evolution is of
greater value to society than any form of doingness.*

*We change the world not by what we say or do, but
as a consequence of what we have become.*

*Spiritual evolution occurs as the result of removing obstacles and
not actually acquiring anything new.*

*Everybody is like a magnet.
You attract to yourself reflections of that which you are.
If you're friendly then everybody else seems to be friendly too.*

*Love is misunderstood to be an emotion; actually,
it is a state of awareness, a way of being in the world,
a way of seeing oneself and others.*

*The mature mind knows that it is evolving and that growth and development are
satisfying and pleasurable in and of themselves.
Maturity implies that one has learned how to be comfortable with uncertainty...*

Truth has nothing to fear and therefore has no reason to hide.



*The central problem of illusion is not that
it is unreal or fallacious, but that it seems real....*

*One does not have to destroy the ego or work on it.
The only task is to let go of the identification with the ego as one's real self!*

*The ego is not an enemy that needs to be vanquished, but
a patient that needs to be healed.*

Why give the ego more power by resisting and opposing it?

Unlike power, which has no opposite, force always precipitates counterforce...

*The Real exists and the unreal does not, and
the Real is not threatened by the unreal.*

*Truth needs no defense and therefore is not defensive;
truth has nothing to prove and is not venerable
to being questioned for an answer.*

*The peaceful mind has no thoughts or opinions...
the knowingness replaces thinkingness.*

*...the circumstances of our birth and life are precisely karmically perfect.
All that we face and endure-the obstacles, the challenges, serves ...
[the game called the journey of your life].*

Thank You for that

Other Topics: <http://www.eempowerment.com/topics.pdf>



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