





Empowering your Spiritual Journey

The Empowerment Program

Here  Now  this Moment

Here  Now  This moment

Empowering Quotes

The following quotes are from David R. Hawkins, MD PhD book *The Eye of the I: Reality and Subjectivity*. This book has Richards Five Star Book Recommendation, as does his first book, *Power vs. Force*.

*Life itself has no opinion; life just 'is'.
...nothing in and of itself has any 'meaning'.*

*Once an explanation is comprehended,
it can be discarded.*

*...if the purpose of the human experience is to evolve,
then this world is as perfect just as it is.*

*It is not necessary to know about the Self but simply
to become it by letting go of the non-Self.*

Truth has nothing to fear and therefore has no reason to hide.

*Every defect contains a hidden treasure, and
all supposed defects are doorways.*

*Find the underlining positionality, illusion or drive;
surrender that underpinning and the problems fall away*

*...happiness is not an external gain but an internal self-satisfaction so that
at full maturity, gratification stems from what one has become,
not from what one has or does.*

Other Topics: <http://www.eempowerment.com/topics.pdf>

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