



# *Empowering your Spiritual Journey*

## The Empowerment Program

Here  Now  this Moment

### On Love

The following quotes are from David R. Hawkins, M.D. Ph.D. book, *Transcending the Levels of Consciousness: The Stairway to Enlightenment*. This book has Richard's Five Star Book Recommendation, as does his first book, *Power vs. Force*.

*Lovingness is a way of being and relating in the world and is forgiving...*

*...people are not perceived according to what they have or do but by appreciation for what they are and have become.*

*Because love does not need to 'get', it is therefore free to peacefully 'be with' and appreciate.*

*A key to making Love unconditional is the willingness of forgiveness...*

*By the willingness to forgive and surrender one's perceptions, they are being recontextualized...By intention, awareness may be changed from the perceptual duality of good/bad to witnessing 'desirable' versus 'less desirable', or even just preferable or less preferable.*

Thank You for that

Other Topics: <http://www.eempowerment.com/topics.pdf>

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