



Empowering your Spiritual Journey

The Empowerment Program

Here  Now  this Moment

In the moments you notice, “I have not been present”...or “something APPEARS wrong”...or within each moment you notice “ I am being dominated or influenced by the noise of your past or the anxiety of your imagined future”...

There is a gap:

These gaps are hidden gifts...

There are actually split seconds in which options present themselves. These are very critical moments to watch for, and with one-pointedness of mind, they will become apparent. These moments last approximately 1/10,000th of a second, as estimated by kinesiology testing. The miracle arises in this gap. In this instant, the Holy Spirit is present and available directly by God’s Grace. In the ego’s minute gap, the Holy Spirit empowers the opportunity, and there is the ‘space’, in which free will operates. It is in this moment that the warrior can choose mercy or cruelty, life or death.

~ David R, Hawkins, M.D., Ph.D., I: Reality and Subjectivity

All of Dr. Hawkins’s books have
Richard’s Five Star Book Recommendation,

In is within the gap you can
begin an [e-Game](#)

More on the Gap:
[Click here now](#)

Forward to Empower others...

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