



Empowering your Spiritual Journey

The Empowerment Program

Here  Now  this Moment

The following is inspired by [All you need is Love](#)
by Nancy Cook de Herrera

“I am not noticing results...”

It is difficult to see the process of the Empowerment Program’s influence, just as it is hard to see a flower grow. In time, you will notice a shift.

It is very subtle. It is like the way cloth is dyed. In some parts of the world, first one soaks the fabric to reach a particular hue; then the cloth is exposed to the sun, which fades the color. Back into the dye goes the material and again exposure to the sun. This process is repeated many times until the color is fast.

So it is with the Empowerment Program. Drop by drop we bring the benefits into our life. One day we realize that we are present and peacefully alert, all day, while fully engaged in our daily life.

Expectation vs. Expectation



Expectation
limits you to
with you expect...
something limited and
specific.... expectancy is
a state of being where you are
remaining open, to all possibilities...
without limits... you may have a specific
intention, but you are not attached to the
outcome being or limited in any way.

~ Richard Alan, *Empowerment & The Book of e-Games*