





Empowering Your Spiritual Journey

The Empowerment Program

Here  Now  This Moment

Acceptance



Full acceptance...does not mean becoming an apologist for grossly negative, destructive behavior.

The following quotes are from David R. Hawkins, MD PhD book, *Transcending the Levels of Consciousness: the Stairway to Which Nothing is Hidden*. This book has Richards Five Star Recommendation, as does his first book, *Power vs. Force*.

***Acceptance does not require denial**, but instead replaces it by realistic perception and recognition of its innate limitation. Therefore, Acceptance can see and accept the limitations of human life and the world of distortions without losing its balance and equanimity.*

Acceptance sees that perceived qualities are innate to the human condition and are reflective of individual as well as group karma and innate to the species Homo Sapiens.

*By acceptance instead of moralized denial as repression,
denial drives are accepted as being a part of nature to be
counterbalanced by positive human characteristics.*

*Acceptance precludes pretense and
allows for realistic objectivity.*

*To decline the role of moral arbiter allows
the surrendering of that function to God...*

*Humility acknowledges that humanity has managed to survive this long without
ones personal opinions or advice....Humility observes the world as it is, despite
the millions of self-appointed experts in it. There is usually resistance to this
humble realization because the ego loves to get on a soapbox.
...developing a sense of humor assists...*

Thank You for that!

What if I can't Accept it

<http://www.eempowerment.com/acceptance2.pdf>

The Advanced Soul Support Group

<http://eempowerment.com/souli.pdf>

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Forward Acceptance to Empower others...

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